



30/03/11

Upcoming Events

Future VAC Events in April/May 2011

APRIL 2011

Saturday	2nd April	Annual Dinner	Hayling Golf Club
Thursday	14th April	post handicap Thai	
Wednesday	20th April	VAC Social	Castle at Rowlands Castle

MAY 2011

Wednesday	4th May	VAC Social	George at Finchdean
Sunday	8th May	Road Race League	Alton
Thursday	12th May	post Handicap Chinese	
Saturday	14th May	Emsworth Basingstoke Relay	Race Details
Sunday	15th May	Road Race League	Netley

VAC Club Member of the Year

Each year Club Awards are given to members according to several categories as described in previous club handbooks.

One award is chosen by the membership – Club Member of the Year, which is voted by the members as having contributed the most to the club over the previous year. Each club member is entitled to one vote. To use your vote to nominate someone for this award, please send the name in an email to secretary@victoryac.org.uk to arrive before 23:59 on Friday 1st April.

Regards,
Malcolm Hagan

Race results

Eastleigh 10K Road Race Ladies Report

Despite the clocks going forward and losing an hour, ten ladies (enough for an A and B team) ran at Eastleigh on Sunday. Gina overtook Jim on the final stretch to finish in a time of 43.46. Congratulations to Jo and Jackie who both ran PB's.

There was a slight head wind at times, especially when running on the final stretch, we have maintained our 2nd position in the league and are only 4 points behind the leaders, with two races left (Alton 10 miles and Netley 10k we should get promoted up to Division One

Results

- Gina Turner 43.46
- Jo Gilham 45.54 (PB)
- Belinda Harding 50.07
- Jackie Yarnold 57.55
- Marilyn Crocker 58.09
- Alison Munden (58.46)
- Lesley Hickman 103.13
- Maria Lush 106.41
- Mary Short 109.26

Eastleigh 10k Race Report - Men

Good racing weather and a good turn out for this popular rush around Eastleigh. Collected yet another T shirt, now stuffed in the drawer with the rest. The A team had both Scott and Paul well up the field with Paul chalking up yet another PB. Dave and Jim rounded off the scoring. We had a full B team for the first time in several races with Martin, Bob, Malcolm and Nick on the board. Sadly we are currently heading towards a double relegation as we are 9th but adrift in A Div 1 and 15th (last) in B Div 1.

Scott Daly	00:36:05
Paul Mitchinson	00:36:46PB
David Morris	00:41:01
Jim Clow	00:43:43
Martin Coles	00:45:42
Bob Wheeler	00:49:51
Malcolm Hagan	00:54:53
Nick Bailey	00:55:54
Robert Edwards	00:55:48
Rob Davies	01:11:15

AOB

All,

It is time for the IBM North Harbour Athletics sub Section AGM on Thursday 12th May @19:45 Hrs in the HLC Bar.

For those that don't know the sub section is a group of 30 or so VAC members that all affiliate directly through the IBM sub section. Once a year we hold our AGM separate from the main VAC AGM. We usually cover those things specific to the IBM members and how we have contributed to VAC over the last 12 months.

It's an open meeting held in the Leisure Centre Bar with the agenda as attached to this email. The meeting is open to all but as the focus is on the runnings of the IBM sub section more than VAC itself there may not be much of interest to the wider VAC membership.

Minutes from last years AGM are available here --> http://nhbr.running2.biz/webTest/agm_minutes.htm

Standards

Last years achievements are attached. Well done, some great results...

VAC STANDARDS AWARDED FOR THE 2010 RUNNING SEASON

Name	Awarded Std	S/H	5M	10K	L/H	10M	Half	Mar	5K	20M
Daniel Bailey	<u>1</u>	1		1	1	1	1	2		1
Jim Clow	<u>1</u>	1	1	1	1	1	1		1	
Guy Phelps	<u>1</u>	1		1	1	1	1			
Tony Butler	<u>2</u>	2			1	1		3		2
Scott Daly	<u>2</u>	2	2	2	2	2			2	
David Howard	<u>2</u>		2	1		2	1			2
Dave Morris	<u>2</u>	2	2	2	2	2	2		2	
Neil Tolfrey	<u>2</u>	2	2	2	3	1		4		
Graham Coleman	<u>3</u>	2	2	2	3	3				5
Martin Coles	<u>3</u>	3	3	3	3	3	3		3	4
Marilyn Crocker	<u>3</u>	3	3	3	3	3	3	5		4
Robert Edwards	<u>3</u>		3	3		3	4		3	
Graham Foden	<u>3</u>	3	3	3	3	3			2	
Jo Gilholm	<u>3</u>	3	3	3	3	3			2	
Belinda Harding	<u>3</u>		2	3		2	3	3		4
Pete Harding	<u>3</u>	2		1	2	3				

Mark Lelerre	<u>3</u>	3	3		3		3		
Paul Mitchinson	<u>3</u>	2	3	3	3	2	2		3
Harnish Patel	<u>3</u>	3	2	2	3	2		3	
Gina Turner	<u>3</u>	2			3	2			2
Jackie Yarnold	<u>3</u>	3	2	3	3	3			
Peter Bone	<u>4</u>	4	3	3	4				
Malcolm Hagan	<u>4</u>	4	4	5	4	4	4		4
Kate Hart	<u>4</u>	3	4		3	3			
Mark Hay	<u>4</u>	3	4		4	4			
Alison Munden	<u>4</u>	3	4	3	4	3			
Beth Pirie	<u>4</u>	4	3	4	4		4		
Lucy Smith	<u>4</u>	4	4		4	4	4		5
Carol Tolfrey	<u>4</u>	3		3	4	4			5
Rob Davies	<u>5</u>	5	5		5	5			
Helen Mears	<u>5</u>	4	4	4	5	5			
Elaine Munns	<u>5</u>	4	4		5	4			
Nicola Stott	<u>5</u>	4		4	5	5			

Hayling Billy

Sponsorship form attached

Social

Saturday is the Dinner...do forget a raffle prize - we have not had any yet !

....and finally waiting for an X-Ray possible stress fracture....Ed



Victory Athletic Club
30/03/11 Flyer